



GM: Megawatt 0405 045 564	On Sec: Yo Adrian 0411 588 340
R.A: Mountain Hawk 0457 987 005	Hash Cash: Hogshit 0411 125 248
Trail master: Gadget 0422 203 125	Hash Horn: Biro 0417 186 028
Hash Splash: Troppo 0488 090 979	Hash Splash: Hardcase 0411 475 421
Piss Pourer 1: Roxby 0419 711 302	Piss Pourer 2: Skully 0417 483 683
Hash Flash: Sir Fumbles 0415 551 650	Haberdash: Slugger 0412 109 247
Songstress: Horny Flasher 0439 600 625	
Web Wanker: Ding 0417 184 139	Historian: Mel Adjusted 0407 360 053

Web Address: www.fridayhash.com Facebook: [Friday Hash House Harriers](#)

RUN: 1767 Date: 11/07/25 Hare: Menstrual Disorder Co-Hare: Wenchy
 14 Carman Way, Bassendean. Remember this venue for the 8 August run.

Runners: 40

Dogs: 3 (excluding Sherbie)

Missing in Action **Yo Adrian** - the Hon Sec – on the sick list with influenza.

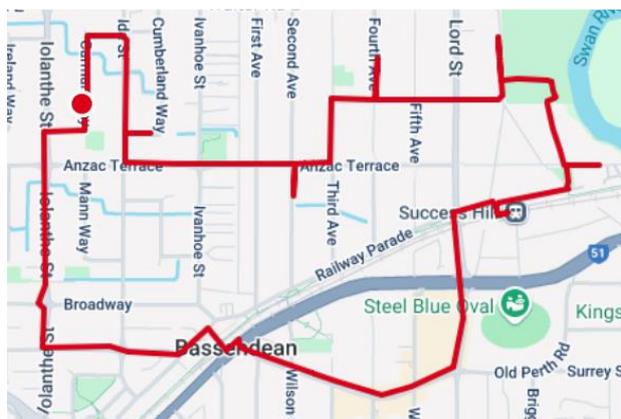
Stand In On-Sec - **Lofty**

MENSTRUAL DISORDER's "CROWDED HOUSE"

First time run from the **M&M Disorders'** new abode. This venue was easy to find and the parking was reasonable; given the attendance numbers. The splash, tables and chairs were set up in the carport. It was a little crowded but provided a "cosy" atmosphere for the pack to shelter and huddle together from the inclement weather.

The Order of Conducting the Circle

After some indecision about how to best set up the circle (which was now a rectangle) the GM called the pack to order. The Hare - **Menstrual Disorder** was called from the kitchen for a drink; together with the co-hare **Wenchy**.



Run Report: Troppo did the honours. He considered it to be an excellent run; even given the "bit of confusion" at Bassendean Railway Station. More about that later.

Score: 9.5:10. Runner's Trail Length: 6.6 kms

Walker's Report: Zip It She thought it was a good run; that ticked all the boxes necessary for a high score.

Score: 10:10. Walker's Trail Length: ?? kms

Birthdays: Belated wishes to **Wenchy** for 4 July and **Ding** (on Saturday). Our Webmaster, didn't think he would get to the run, so he made no mention of his forthcoming birthday. He has a "big one"(birthday that is) so watch this space for next week.

Special Runs

It was **Bulldust's** 100th Run. He was presented with the relevant badge and metal tag; together with a FH3 mug. Congratulations

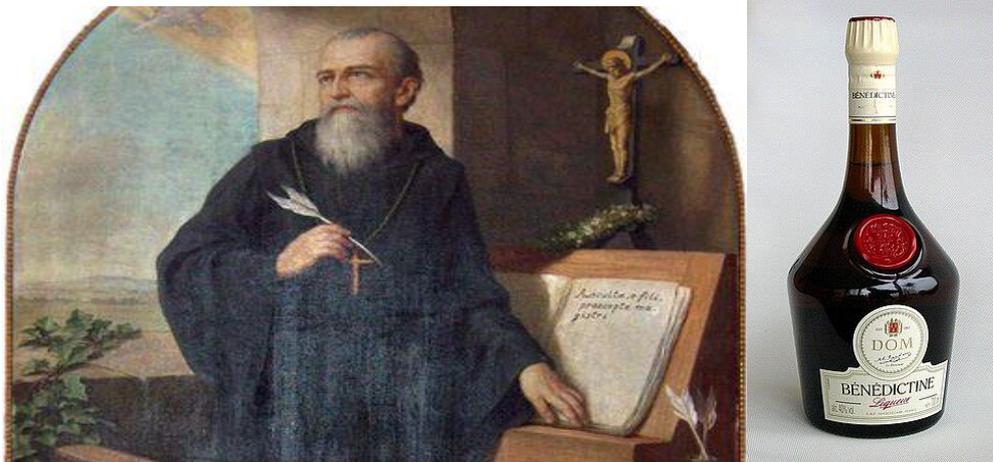
The RA's Circle

Welcome back to our official RA, **Mountain Hawk**. She thanked **Replicar** for his gallant (if not futile) effort of controlling the circle as stand-in RA last week.

The RA advised us (in the rectangular circle) that today was the celebration of "**Cheer Up the Lonely Day.**"

Depending on your definition of "lonely," I don't reckon it applies in this instance – given we were all squeezed together like the contents of a can of John West sardines. **Assassin** (visiting Hamersley hasher) was called out for a down down, as a representation of a lonely "sardine." The FH3 chorus sang (off key as usual) *Love Me Tender* (I think).

The RA went on to tell us, that today was the **Feast of St Benedictine.**



Benedict of Nursia was born 2 March 480 AD. He died on 23 March 547 AD.

He is noted, apart from performing a couple of miracles, for the conception and introduction of the 12 Rules for Living a Monastic Life (for monks that is not hashers). One of the rules deals with the amount of alcohol that should be tolerated by each person. Obviously it means monks and not hashers; but it does provide a guide to some of our FH3 wine swilling brethren.

Chapter 40 The Proper Amount of Drink

Item 3 we believe that half bottle of wine (daily) is sufficient for each.

Item 5 -The superior (I assume that would be in FH3's case to mean the GM) will determine when local conditions (e.g. summer heat or winter cold; extreme work or physical activity: whatever) indicate the need for a greater amount to be consumed.....

Fortunately, as we all know – there are no rules in HASH.

Further the RA provided an update on the ongoing Mr Fish Saga.

Mr Fish is now residing in Mental Disorder's freezer. According to Troppo, he (Mr Fish) is starting to curl up his tail. Maybe some enlightened angler can comment, if this is a sign regarding Mr Fish's ongoing culinary suitability?

Given that Mental Disorder has a run on 8 August, I would be very suspect if fish was on the menu???????

Charges From the Floor.

The best charge of the night was **Ballwrinkle** on **Sybil**. Apparently, when they were walking together, they passed a beautiful garden from which came the sound of quacking ducks. On further investigation, **Sybil** located the ducks. Adamantly, she advised **Ballwrinkle** that these were "wild" ducks. *They shouldn't be locked in a yard.* So, she opened the gate to let them out. (Question Ed. - if they were wild ducks why didn't they "flock off" and fly away?).

Hogshit on **Troppo** for using the up and down elevator at the refurbished Bassendean Station, instead of using the stairs. Turns out, the said elevators' operations were super super slow, consequently **Troppo** got left behind from the main running pack.

Mental Disorder charged **Ballwrinkle** and **Mouth Organ** with reference to him (**MD** that is) having a big one. I think they may have been discussing MD's new lounge or TV.

Mel Adjusted on Menstrual Disorder for dobbing in **Sybil's** new shoes. Wrong! They were not new shoes.

White Pointer on **Horny Flasher** for missing the run and coming back early.

General Business



The GM reminded everyone about the upcoming Xmas in July Run #1769. It will cost you \$5 a head for food.

This is a XMAS theme run, so dress accordingly. -

If our current winter weather continues until the Xmas Run, then "*Frostie the Snowman*" should have no fear of melting.

I hear mulled wine maybe on the menu, to satisfy our wine swilling brethren.

Visitors – AssAssIn and TAG, (Hamersley)

LTNS - Arseholeo

Dummy Shorts

Last week's recipient of the Dummy Shorts was **Knee High**. **White Pointer (WP)** asked her who was the previous recipient – she replied **GPS**. **WP** then asked her if she could remember who **GPS** had got the shorts from? Answer **You (WP)**. The shorts are now back with **WP**. Bit of a memory lapse, maybe.

Bookends & Zero Heroes

Recovering Wimps	Zero Heroes	Bookends
Mental Disorder Lofty They can only walk short distances.	Tigtarse 610	Cookie 1321 Sheep Shunter 343 Insp. Gadget 181 Dynamo 141

According to the big Red Book, **Insp. Gadget** was a zero hero on 180 runs; but according to **Mel Adjusted** he was 181 runs. Upon examination of the big Red Book revealed that **Insp. Gadget** counted run 173 twice – 16 May and 23 May.

Jokers

Tropo, Horny Flasher and Cookie

Song:

Next Week's Run #1768 – 18 July 2025

Hare: Pickled Piper

Subiaco Pavillion, Subiaco Road, Subiaco

Dogs welcome

Points of Hash Etiquette in Carparks

Leave parking for Tropo & Phantom's van closest to the venue. Second spot closest to venue should be saved for Hardcase and the Piss pourers.

Receding Hairline

DATE	RUN No.	HARE / CO-HARE	LOCATION
25 July 2025	1769	XMAS IN JULY - Committee	Hazel McDougall House, Como
1 Aug 2025	1770	Tropo	Penistone Reserve, Penistone Street, Greenwood
8 Aug 2025	1771	Mental Disorder Co-Hare Wenchy	14 Carman Way, Bassendean,
15 Aug 2025	1772	Sir Fumbles	Wellard Oval, Wellard Rd., Wellard
22 Aug 2025	1773	HARE NEEDED	HELP
29 Aug 2025	1774	White Pointer	TBA

Note to hares: If you need BBQ, stove, or lights, please notify Hash Splash in advance, the trailer is not always available on site.

*Please notify Trailmaster, Gadget ASAP with the details of your run, either flyer by email- lewis.turner@hotmail.com or mobile 0422 203 125

QR code for can/glass refundable to go to FH3 - C 10446611

FH3 bank account: Friday Hash House Harriers - Westpac BSB 036-000 ACC 615552

Members are requested to bring their own cutlery and plates to Friday Hash.

For those who forget or are visitors and do not have plates or cutlery the Splash has a few extras.