



<b>GM:</b> Yo Adrian 08 92462931	<b>On Sec:</b> Lofty 0411 588 340
<b>R.A:</b> Sheep Shunter 0419 916 742	<b>Hash Cash:</b> Gadget 0422 203 125
<b>Trail Mistress:</b> Wenchy 0419 967 433	<b>Hash Horn:</b> Bulldust ????????????
<b>Hash Splash:</b> Mel Adjusted 0407 360 053	<b>Hash Splash:</b> Cookie 0419 937 819
<b>Piss Pourer 1:</b> Mental Disorder 0498 375 942	<b>Piss Pourer 2:</b> Menstrual Disorder
<b>Hash Flash:</b> Sir Fumbles 0415 551 650	<b>Haberdash:</b> Slugger 0412 109 247
<b>Songstress:</b> Horny Flasher 0439 600 625	
<b>Web Mistress:</b> Zippy 0412 651 889	<b>Historian:</b> Mel Adjusted 0407 360 053

Web Address: [www.fridayhash.com](http://www.fridayhash.com) Facebook: [Friday Hash House Harriers](#)



**CHRISTMAS GREETINGS**  
From one of our FH3's visitors

Wishing you 'ya ll' a Merry Christmas and  
A Happy New Year

Who is this person? First to get it right gets a  
surprise present.

**Special Request for January Runs**

During the **January holiday period**, for **catering purposes**, it is requested that if you are attending runs scheduled, that you advise the **On Sec** as to your intention. Please respond (either **YES** or **NO**) via return email to FH3 newsletter email address ([fridayh3@gmail.com](mailto:fridayh3@gmail.com)) or ring 0411588340.

Who is this person? First to get it right gets a surprise present

**RUN: 1790 Date: 19/12/25 CHRISTMAS RUN - Hare: Mel Adjusted, Catering: Radar**  
10 Hoya Court, Thornlie

**Runners and Attendees via the big Red Book 36**  
**Dogs: Sherbie and baby DOS**



## **Important Notices**

A big thank you to **Radar** and **Mel Adjusted** for organising and making their home available for FH3's 2025 Christmas Run.

Conversely, **Radar** conveys her thanks to all those hashers that contributed by way of side dishes and desserts to accompany the evening's feast.

Apologies for the confusion regarding giving money to tonight's charity. If you intended to donate; please hold your donations over until the Close to Your Heart Run. The Committee will discuss a suitable charity at its next meeting.

## **Pre-run Commentary**

Hashers began arriving early, with their usual paraphernalia and food; all dressed in varying Christmasy outfits. The bar was opened, the crowd mingled and chatted; until the GM called for order to start the run. The hare's comments were noted – *"it is a very short run/walk and the drink stop is back here."* So off we went, to the cheering and waving of the neighbourhood kids and bemused parents.

## **The Circle** (47minutes and 39 secs)

It was very much a party atmosphere with lots of chatter; but after a longer than usual drinks and nibbles period, the hashers were called to circle up on the back lawn.

The hare **Mel Adjusted** was called into the circle for a down-down.

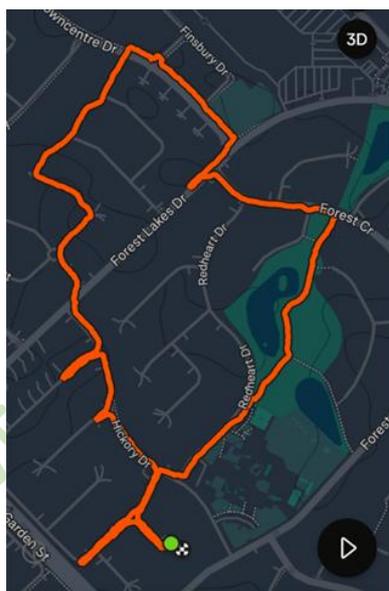
## **Runner's Report by Light My Fire**

It was a very good run with lots of FTs. She didn't see Santa; but there were many Christmas decorations and lights. Score – 9.99/10 Run Length – Unknown

## **Walker's Report by Rubber Ducky**

Nice stroll around the neighbourhood. Score minus 5.

Walk Length - Unknown



The walk was about 30 minutes

**Song:** *And the Hairs* led by the "acting" Song Mistress Mountain Hawk

**LTNS:** Rubber Ducky, Mental Disorder and Menstrual Disorder cradling in her arms the new baby (Dos), Small Goods, Knee High, Quokka, Big Bang and Bell Boy. (Nice Tits arrived near the end of the evening).

**Tigtarse** led the circle in song (We Wish You a Merry Christmas).

**GPS** was called into the Circle incorrectly as a LTNS – only missing one week. His observation, that his "haring" of last year's Christmas Run was better than tonight's trail.

Lost Property – a pair of lost socks



## RA's Component of the Circle

**Sheep Shunter** (herein referred to in the RA's report as **Shunter**)

**Shunter** decreed that all hashers must be upstanding.

He noted that a member of the Circle was suffering from Alzheimer's Disease because she confused him with the Hon Sec. After all their physical appearances are almost identical. As he couldn't charge the **GM, Rockbottom** became a very close look alike substitute for the **GM**.

**Shunter questioned** – "Who went to Fremantle Heave Ho Hash's Christmas Party on Wednesday night?" A group of likely suspects stepped into the Circle, including **White Pointer**. Here they are tonight, partaking in FH3's festivities to fill their little fat tummies. There is fair chance some of them will hit the Salvo's Christmas Day lunch in Hyde Park. **GPS** thought that was a great idea! Collectively, they have enough "lard" on them to hibernate through to next Christmas. Song – *Here is to The Double Dippers their true blue* -----.

**GPS was called back into the Circle** and as an ex-Kiwi should know the answer.– "What happened on this day in 1835?". He didn't know! The answer was the "*Beagle*" arrived at Paihia, on New Zealand's north island. **GPS** got a down down for his lack of Kiwi history knowledge.



I was a little confused. I knew the HMS *Beagle* was an 18<sup>th</sup> century Royal Navy frigate that had made several exploratory expeditions to the Pacific Ocean. A passenger on board during at least one of these trips was eminent scientist Charles Darwin.

However, I never knew of the New Zealand connection.

**Rockbottom** was sitting next me and further added to my confusion by telling me it was all about a Russell Crowe movie "*Master and Commander*".

Next, the **RA** had it in for the bibliophiles. "*Who reads books*"? A couple of hashers in the circle sheepishly put up their hands – no knowing what was coming next. On this day in 1843, Charles Dickens book "*Christmas Carols*" was first published. **Highbeam** was given a down-down to celebrate this event, to the tune of "*Good King Wenceslas*".

Finally, **Shunter** wanted to talk about sex countries and cities in Asia. He lived in Asia for 5 years, and regaled his experiences and observations during this period. He noted that it is not just men that go to Asia for sex; many women also partake in this tourist pursuit. **Wenchy** and **Zippy** are going to Bali over Christmas/NY. **Wenchy** said it was a good time to visit Bali as the rate was up (she was referring to the A\$ exchange rate). Hashers being hashers, latched onto this, like dog poo to a shoe. The next topic of discussion was "*that the rate of syphilis*" in Bali was also up. Both travellers received raucous down downs, accompanied by **Rubber Ducky** singing - "*Here's to the breezes that blows through the kneeses*" -----.

**Shunter** deviated from his low-level thoughts of sex and transmittable diseases. He advised the Circle it was "*Ugly Sweater Day*". Did he mean a non-flattering jumper or pullover; or a perspiring person who is not particularly good looking? Regardless **Animule** was called forward and received a down-down to represent any hashers wearing an ugly sweater on the warm and balmy night. (That's right pick on the pensioners.)



### Charges from the Floor

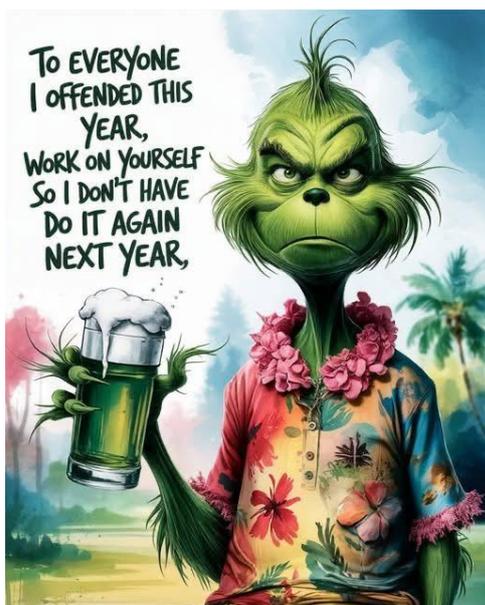
1. **Troppo** on **Wenchy** for not wearing a bra on the run. **Bell Boy** was supposed to give her a hand (or two). By mid-way through the run, the “puppies’ were bouncing so much she had to come back home. She had almost given herself a black eye. She got a down-down to the song *Jingle Bells*”
2. The **GM** on **Camel Toe** for talking to **Menstrual Disorder** in the Circle. They were talking about the “*new baby*”. **Tightarse** steps forward with a lame joke about how to get **Camel Toe** of the road if she fell – get a toe truck. The charge was a reversed – with a down-down song “*Arseholes are cheap today*”.

### Trail Mistress

**Wenchy** has been busy canvassing for future hares. Dates in January and March are now complete. Hares are needed for 6 February, 20 February, 27 February, to fill out the 2026 first quarter. Thank you for your support.

### Hash Cash

Hashers may have noticed Inspector Gadget’s new Hash Cash T shirt listing the hash cash rules on his back side. Just in case you didn’t see said T shirt, these are the rules:



#### **HASH CASH RULES**

- \*Form an orderly queue
- \*Tell me your Hash Name  
(This might be my dementia week)
- \*Have the exact amount ready
- \*Aussie currency only
- \*Change subject to availability (maybe)
- \*No Credit - In God we trust
- \*Refusal may offend (So don't ask)
- \*No cheques accepted
- \*Travellers Chicks accepted
- \*Audit my Ass (I don't give a Sh\*t)
- \*No Late arrivals
- \*Counter closes at 1857 hrs
- \*Complaints via P.O. Box

### General Business

As it was the Xmas Run, no General Business was discussed.

Note -

**Save the date: Monday 29-12-2025 Not the Kings Park Joint Run**  
**6:00PM for a 6:30PM start. BYO everything.**

**Birthdays:** Zippy (on Saturday )

### Bookends & Zero Heroes

<b>Infirm and Wimps</b>	<b>Zero Heroes</b>	<b>Bookends</b>
Yo Adrian (sick list) Plus, all the kitchen hands	DIY 40 Menstrual Disorder 80 High Beam 760	Dynamo 161 Knee High 33



**Inspector Gadget** was presented with his belated 200 run cloth badge.

**Jokers** were **Gadget** – getting into Heaven, **Cookie** – evangelist healing Grandpa's penis, **Lofty** – 3 women in the spa and one women getting a fax from her bum.

**Dummy Shorts: GPS** (Xmas dummy shorts) and **White Pointer** (weekly dummy shorts)

**White Pointer** carries over for standing on **Sherbie**. However, confusion once again with these two swapping shorts. Does that mean the White Pointer doesn't need to return the shorts until next Christmas?

**Hash Song – Quokka**

**First Run Next Year - Run #1791 2 January 2026**

**41 Blackdown Way, Karrinyup**

**Bring your bathers and towel**

**Dogs – check with the hare**

**Parking Instructions – street parking.**

**Leave the way clear for Hash splash and Piss Pourers**

### Upcoming Local WA Club Events

29 January 2026 (Monday) Not the Kings Park Joint Run

20-21 March 2026 Poor Man's Interhash Hash

18 April 2026 (Saturday) Mandurah H3 40th Anniversary

28 April 2026 Rocky City Annual **Pink Breast Run**

6-7 June 2026 (weekend) Busselton Hash 2000th Run

### Receding Hairline

DATE	RUN No.	HARE / CO-HARE	LOCATION
26 Dec 2025	-----	NO RUN - BOXING DAY	-----
2 Jan 2026	1791	Lofty	As above
9 Jan 2026	1792	Inspector Gadget	East Fremantle Football Club ,Walton Way, Beaconsfield
16 Jan 2026	1793	Sheep Shunter	TBA
23 Jan 2026	1794	Kanya	TBA
30 Jan 2026	1795	Replicar	TBA

**Standard Note to Hares: If you need BBQ, stove, or lights, please notify Hash Splash in advance, the trailer is not always available on site.**

**\*Please notify Trailmaster, Wenchy ASAP with the details of your run, either flyer by email- [lewis.turner@hotmail.com](mailto:lewis.turner@hotmail.com) or mobile 0422 203 125 include the On Sec for publishing in the FH3 Rag.**

**Save your empties for the FH3 . QR code for can/glass refundable to go to FH3 - C 10446611**

**FH3 bank account: Friday Hash House Harriers - Westpac BSB 036-000 ACC 615552**

Members are requested to bring their own cutlery and plates to Friday Hash.

For those who forget or are visitors who do not have plates or cutlery, the Splash has a few extras.

NEVER LET THE TRAILMASTER BE THE WAY OF A GOOD STORY