

# FRIDAY HASH HOUSE HARRIERS



COMMITTEE 2023-24

**GM: Horny Flasher** 0439 600 625  
**Hash Cash:** Inspector Gadget 0419 953 827  
  
**Trail Mistress:** Wenchy 0419 967 433  
**Hash Splash:** Mel Adjusted 0407 360 053  
**Hash Flash:** Sir Fumbles 0415 551 650  
**R,A:** Sheep Shunter 0419 916 742  
**Web Mistress:** Zip it 0412 651 889  
**Web Address:** [www.fridayhash.com](http://www.fridayhash.com)

**On Sec:** Ding 0417 184 139  
**Piss Pourers:** Mental & Menstrual Disorder  
 0498 375 942  
**Hash Horn:** Bulldust 0478 611 948  
**Hash Splash:** Cookie 0419 937 819  
**Haberdash:** Slugger 0412 109 247  
  
**Songstress:** Buttered Buns  
**Facebook:** [Friday Hash House Harriers](https://www.facebook.com/FridayHashHouseHarriers)

**RUN: 1805**

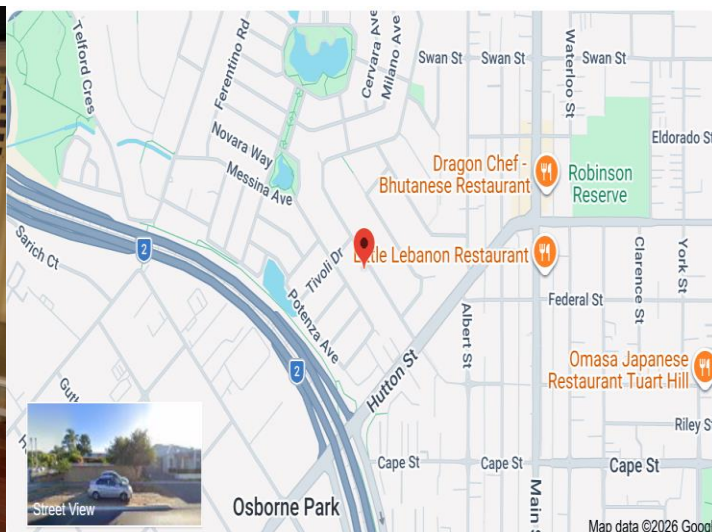
**Date:** 17/04/ 2026

**Hare: Shadow (C0-hare White Pointer) Venue:** 53 Hamilton St, Stirling.

22 FH3 Harriers attended this week's run – limbered up, showing absolute peak physical fitness and chomping at the bit – all this for a 4km Run ??? around the streets of Stirling.



The Hare: Shadow



The Run Area: Stirling.

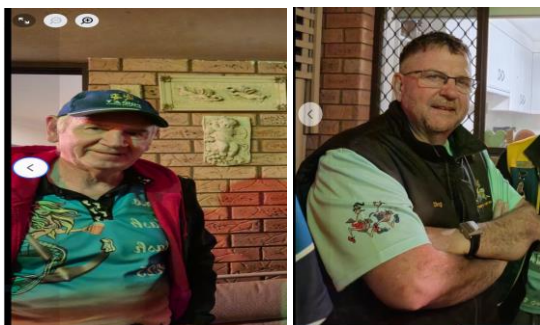
### The Circle:

This Week The **GM (HF)** was still on holiday (but should be back next week ?).  
So **Troppo** filled in as stand in GM.

### Runners Report:

**Hardcase** said: "At only 4 km's it was short – and we were following some very strange looking Farrow's – but he had to admit it was set well to make sure the pack all stayed together – questions was did the walkers have time to fall behind ?

he gave it a 9.5 out of 10



### Walkers Report:

**Ding**, said "Nice area – close to home", - I enjoyed it !

(secretly he thought - that **Biro** – had nagged him all the way about all the things he still had to do before their holiday starting in a few days time – was this talking business on the run – should he charge her in the circle ? – then he thought - would I have to listen to the complaints when trying to relax on holiday in S.Korea ? – best policy was decided .... shut the F... up .... And just score the Run.

he scored the run: a 9.7 out of 10 (didn't deduct the nagging difficulty penalty)

Reporters had a down down to the tune of : "Hairs on their dickie di-doe".

### Visitors & LTNS:

**Shabby** – was the only **Visitor** this week.

had a down down to: "Bimbo was his Name-o"

**Di Liva Rants**, **Shadow**, **Shifty**, and **White Pointer** were all back for a run as **LTNS**

All had a down down to: "Should be publicly pissed on"

### R.A. Charges:

The **R.A.** started by reminding us that **FH3** members had made a mention in the Paper and had to do a walk of shame ! while on holiday in Norway – **Di Liva Rants** and **Shadow** had been left behind by their cruise ship when they arrived back to port late.

Now back late arrive-ee's

received a Down down to : " their all right".

**R.A.** next laid a charge on **Mental Disorder**: Finally seen out on a walk with the pack – at the first drop of rain – he was seen to turn back! Abandoning **Menstrual Disorder** he received a Down down to “What a wank”.

**R.A.** then proceeded to Charge on **Mel Adjusted**: Apparently after only managing to take about 3 photo’s he abandoned Hash Flash Duties to **Clockwork Orange** – some poor excuse of a faulty memory card was used as a defence ?  
He received a Down down to :”Take it in your hand Mrs Murphy”.

**R.A.** then laid a charge on **White Pointer**: They played bridge together during the week, During which White Pointer asked several times where the run was this week – with the RA reminding him each time he was the Co-Hare?  
White Pointer at the run said sorry for being late – he got on the wrong bus!  
The charge was – is he suffering “the old person’s diseases “?  
He received a Down down to: ”He’s a horse’s arse”.

**R.A.** next laid a charge on **Gadget**: Today is Food Day/Anti-Cholesterol Day “National Cheese Ball Day” The RA then requested a drink for our FH3 member most closely resembling a cheese ball – ( I thought it was harsh – was going to offer Gadget some counselling free of charge).  
In the end he received a Down down to” In heaven there is no beer”.

Lastly **R.A.** laid a charge on **Clockwork Orange**: She was seen reliving her childhood on the run – deciding to wonder off into a park and going for a swing  
She received a Down down to: ”We’ll meet again – don’t know where – don’t know when”.

### **Charges from the Floor:**

**Di Liva Rants on Troppo**: He must have undies 1 size too small – caught digging them out of his butt crack several times during the run – He blamed it on the fact he wears Phantoms on a Friday – and he could only find her “G strings”. Phantom told him not to bother giving them back – thanks !  
he received a down down to : “It wont take long”

**Mel Adjusted on Menstrual Disorder**: Supposedly she was struggling to keep the Puppy under control ? – ( but I thought I heard someone say this on the run – and Menstrual D pointed out Pup was on a lead as per “good responsible walking “?)

**Replicar on RA**: Stealing all the good Charges for the events of the night.

**RA on Replicar**: On This day in history “The Bay of Pigs” – which was a complete failure, replica was chosen as a substitute fill – for all those we should blame for this failure!

he received a down down to : “I like beer, beer likes me”

**RA on Shifty:** Supposedly she is wearing a safety vest “with no reflective properties – is this a case of buying the cheapest ?

She received a down down to : “She’s the meanest”

### Special Run

**Shadow :** clocked up **700 Runs**

had a down down to: “get a life”

### Zero Hero

**Knee Hi :** **40 Runs**

### Book Ends

**Ding :** **252 Runs**

Both had a down down to: “get a life”

### Birthdays

**Radar** (Birthday last Sunday),

had a down down to: “Hashy Birthday”

### Dummy Shorts

**Mel Adjusted:** - Nominated **Shadow:** Missing boat !, bringing H2O to drink stop instead of Lemonade to mix with the port, and making us wait an hour to announce her special run ? !!!

**Shadow** - Nominated **White Pointer:** Said it was him that really forgot the lemonade! (Troppo asked if White pointer was really responsible for the Lemonade ?)

**RA.** - Nominated **Knee Hi:** At the drink stop she was heard to ask why there were no fish eating her marshmallows – that she was throwing into the “River” . It was pointed out to Knee Hi it was just a big puddle – not a river !

**This Weeks Winner is: Knee Hi:** Who was honoured with wearing the shorts this week. The Dummy shortie received a down down to “She’s stupid, she’s stupid”!)



## General Business

Remember the **Rocky City Pink Breast run 28<sup>th</sup> April 2026**.

Rocky City (announced by Mel Adjusted) : Donations will be gratefully accepted from those that can't attend the Run on the night.

## Special Business and Future FH3 Events

**CLOSE TO YOUR HEART RUN: 18 September 2026** - Willetton Sports Centre

**AGP: 27 November 2026** - **No Venue booked** at this stage.

## Other Hash Events:

**Inter hash 2026: 8-10<sup>th</sup> May, Yogyakarta, Indonesia**

<https://interhash2026.com/> log on to website to complete registration.

**Busselton HHH 2000<sup>th</sup> Run, June 6<sup>th</sup> 2026.**

## Jokers

**Mel Adjusted, Gadget and Troppo** told us a few jokes each this week.

The Jokers received a down downed to "For they are Jolly hashers"



## Song

**Phantom** was called on to start the FH3 Song –

The pack joined in and the song was sung joyfully by all !



## Receding Hairline

**24-04-26 Run 1806 : Cow Pat – 15 Barclay Ave. Padbury.**

01-05-26	1807	Light My Fire	Stan Moses Pavilion, Jubilee Res. 38 Robinson Rd, Eden Hill.
08-05-26	1808	Phantom	Moolanda Park, Harness St, Kingsley.
15-05-26	1809	Horney Flasher	TBA.

**Note to hares: If you need BBQ, stove, or lights, please notify Hash Splash in advance, the trailer is not always available on site.**

**\*Please notify Trailmaster, Wenchy ASAP with the details of your run.**

**QR code for can/glass refundable to go to FH3 - C 10446611**

## **Scenes from this week's FH3 Pack:**





**ON ON  
DING  
FH3 - On SEC**

**FH3 bank account: Friday Hash House Harriers - Westpac BSB 036-000 ACC 615552**

Members are requested to bring their own cutlery and plates to Friday Hash.  
For those who forget or are visitors and do not have plates or cutlery, a small number of suitable plates and cutlery will be held by Splash for these circumstances.