

FRIDAY HASH HOUSE HARRIERS

COMMITTEE 2023-24



GM: Horny Flasher 0439 600 625

Hash Cash: Inspector Gadget 0422 203 125

Trail Mistress: Wenchy 0419 967 433

Hash Splash: Mel Adjusted 0407 360 053

Hash Flash: Sir Fumbles 0415 551 650

R,A: Sheep Shunter 0419 916 742

Web Mistress: Zip it 0412 651 889

Web Address: www.fridayhash.com

On Sec: Ding 0417 184 139

Piss Pourers: Mental & Menstrual Disorder
0498 375 942

Hash Horn: Bulldust 0478 611 948

Hash Splash: Cookie 0419 937 819

Haberdash: Slugger 0412 109 247

Songstress: Buttered Buns 0417 964 395

Facebook: [Friday Hash House Harriers](https://www.facebook.com/FridayHashHouseHarriers)

RUN: 1815

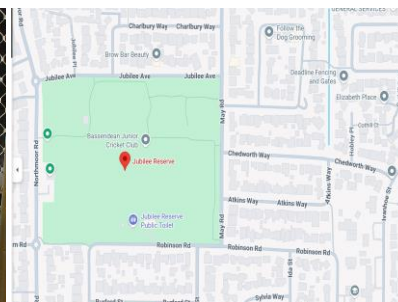
Date: 26/06/ 2026

Hare: Sheep shunter (R.A.) : Venue: Jubilee Reserve, Eden Hill WA.

The **25** FH3 Harriers attending this week – enjoyed a Run and Walk through the streets of Eden Hill.



The Hare: Sheep Shunter



The Run Area: Eden Hill.



The Circle:

This Week the Run was set and hosted by our Hare: **Sheep Shunter (R.A.)** with help from **Light My Fire** (with the lovely food).

Runners Report:

Clockwork Orange: said It was amazing !- it was a very nice run – well set and marked, good workout @ 8.57km.

She gave it a 10 out of 10

Walkers Report:

Da-liva Rants : said – It was a good run with plenty of good markings, she noted though that given the expected weather this meant the Hare was stupid – she wouldn't have gone to that much effort to mark the trail – as it was expected to be washed out ! She scored a: 10 out of 10

Reporters had a down down to the tune of : "Hairs on their dickie di-doe".



Visitors

None this week.

LTNS:

Da-liva Rants, Clockwork Orange were welcomed back amongst the fold and into the FH3 Pack for the run and Circle this week.

They had a down down to: "They are piss pots ... so they say "

R.A. Charges:

The **R.A.** first in his sights this week was **GADGET** – he was asked on this day in 1979 which BOND film was launched in LONDON – **RADAR** came up with the Answer : "Moon Raker"

They both had a Down – down to "They are arseholes...so they say"

Next to feel the **R.A's** charge were **Knee Hi**, : who apparently should know the most popular food in Cambodia ? she protested that she left 50 years ago ! – answer was "coco nuts !

She had a Down – down to "She's not Cambodian!... she's true blue"

Next up:

The R.A. asked what else today was famous for? Answer was its **PUDDING** day! – **RADAR** was right again ?:

Down – down to “She’s all right... she’s a bloody show off ... she’s all right !

Lastly the **R.A.** called out **REPLICAR** who looks like White Pointer (WP) apparently – so he was asked to have a drink on WP behalf who had declared to the R.A. he wouldn’t be at this week’s run – as : “he had a better offer !”

Down – down to “he’s all right”

Charges from the Circle:

Would you believe there was only one charge from the Pack this week ? – was it that the night was freezing and everyone just wanted to go home to their heaters ?

The charge was:

RADAR calling out **REPLICAR**: seen Running without a shirt on the run – on the coldest night of the year so far !

1 Charge wasn’t good enough -so **the Pack** called the **R.A.** out for a drink as there was definitely rain during the run !

They both had a Down-down to “They are Piss Pots ... so they say”.



Special Runs

No Special #'s (700+) this week

Zero Heros

None this week

Book Ends

Clockwork Orange 55, **Dynamo** 181, **Mel Adjusted** 606 and **Shadow** 707.

Birthdays

Da-liva Rants (70) and **Mel Adjusted** (66), were brought out for a birthday down down this week.

Down down to "Hashy birthday"



Dummy Shorts

Tight Arse – failed to show-up again to this weeks Run – the Pack screamed out “We’re sick of waiting – so nominations were called.

Shadow was called out and Presented with Mel Adjusted and Mega Watt – supposedly she cant tell them apart ? and refered to each as the other several times tonight !

The Pack screamed “good enough” – Dummy shorts awarded !



Down down to: “Should’ve gone to Spec savers ... she’s stupid, she’s stupid”.

General Business

Zip it was thanked for continuing to stand in @ present for **Hash Flash** and **Bell Boy** was thanked for continuing to stand in as **Hash Piss Pourer**.

Down down to: “their true blue”

Special Business and Future FH3 Events Bell Boy was thanked for continuing to stand in as Hash

CLOSE TO YOUR HEART RUN:

18 September 2026 - Willetton Sports Centre.

Charity will be the **Smith Family** with a representative attending. **Ding** has sent the flyer out to other clubs – but please if you attend other Hash runs, please announce in their circles.

Please note: **call out to members to support by donating raffle prizes.**

NB. NEW EVENT : FH3 Weekend Away

FH3 is looking at dates to have a weekend away – possibly to Donny brook.

Location and costs of accommodation and events to follow: For Now please **email the G.M. (Horny Flasher) katieboo40@gmail.com** with your preferred date of event (last 2 weekends of October – or 1st weekend of November)

AGP:

27 November 2026 - Hazel McDougal House.

Other Hash Events:

Perth Harriets 2500th Run : 19th September, 2026

Pert Tatts Club, 2 Plain East Perth.

Note Registration increases from \$90 to \$250 as of June 30th.

Rocky City Hash 1800th Viking Run: 8th August, 3pm

Forrest Edge Recreational Camp, 133 Weller rd, Waroona

Jokers

Troppo, Gadget, Da Liva Rants and Horny Flasher (G.M) told us jokes this week.

They received a down down to “For They are Jolly hashers”



FH3 Song

Mel Adjusted closed out the circle with the song.

The pack joined in and the song was sung joyfully by all !

Receding Hairline

03-07-26 Run 1816: Mel Adjusted

Hume Road Pavillion, Hume Rd (opposite Pytchley St), Thornlie.

10-07-26	1817	Ding	51 Elstree Ave, Coolbinia (Enter- Driveway, on Mardella St)
17-07-26	1818	Mega Watt	TBA
24-07-26	1819	Hare Needed	Please contact Wenchy to Volunteer
31-07-26	1820	Wenchy	44 Halvorson Road, Morley

Up Coming Runs : Hares Needed : Please contact Wenchy to Volunteer

Note to hares: If you need BBQ, stove, or lights, please notify Hash Splash in advance, the trailer is not always available on site.

***Please notify Trailmaster, Wenchy ASAP with the details of your run.**

QR code for can/glass refundable to go to FH3 - C 10446611



The FH3 On-Sec (Ding), R.A. (Sheep Shunter) and GM (Horny flasher) 2026

ON ON

FH3 - On SEC - DING

FH3 bank account: Friday Hash House Harriers - Westpac BSB 036-000 ACC 615552

Members are requested to bring their own cutlery and plates to Friday Hash.
For those who forget or are visitors and do not have plates or cutlery, a small number of suitable plates and cutlery will be held by Splash for these circumstances.

