

FRIDAY HASH HOUSE HARRIERS

COMMITTEE 2023-24



GM: Horny Flasher 0439 600 625
Hash Cash: Inspector Gadget 0422 203 125

Trail Mistress: Wenchy 0419 967 433
Hash Splash: Mel Adjusted 0407 360 053
Hash Flash: Sir Fumbles 0415 551 650
R,A: Sheep Shunter 0419 916 742
Web Mistress: Zip it 0412 651 889
Web Address: www.fridayhash.com

On Sec: Ding 0417 184 139
Piss Pourers: Mental & Menstrual Disorder 0498 375 942
Hash Horn: Bulldust 0478 611 948
Hash Splash: Cookie 0419 937 819
Haberdash: Slugger 0412 109 247

Songstress: Buttered Buns 0417 964 395
Facebook: [Friday Hash House Harriers](https://www.facebook.com/FridayHashHouseHarriers)

RUN: 1817 Xmas In July

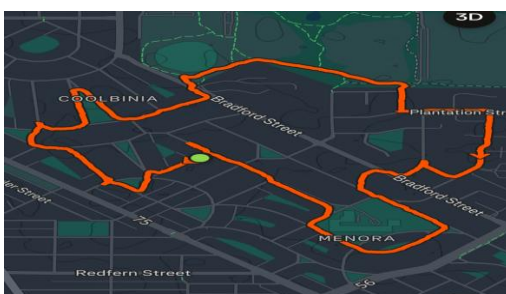
Date: 10/07/ 2026

Hare: Ding(OnSec) : Venue: Elstree Ave, Coolbinia WA.

The **28** FH3 Harriers attending this week – **Some** enjoyed a Walk Run and Run (some suggested Ball Breaker !!) through the streets of Coolbinia/Yokine/Menora/and a little North Perth ?



The Hare: Ding (On-Sec)



The Run Area: Perth and the greater CBD Area.

The Circle:

This Week the Run was set and Xmas in July were hosted by our Hare: **Ding**.
It was also Ding's and Wenchy's birthdays – so 2 cakes and Xmas in July FEAST.

Runners Report:

Back Page (Visitor from NT): said :It was a bastard of a Run !- No Checks – a mountain of FT's which keep running us up a mountain – and then a Ball Breaker leg through the Park !

She gave it a 2.0 out of 10

Walkers Report:

Mountain Hawk : said – It was a long !!!! walk – but through a lovely area with beautiful homes.

She scored a: 9.75 out of 10

Reporters had a down down to the tune of : "Hairs on their dickie di-doe".



Visitors

Back Page : joined the FH3 Pack for a run this week. Home Hash – NT and Darwin Hash.



he had a down down to: "Their true blue "

LTNS:

Tight Arse; Mountain Hawk and Hi Beam were welcomed back amongst the fold and into the FH3 Pack for the run and Circle this week – they heard it was in a warm house this week ! ... slackers !!!!!.



They had a down down to: "They are piss pots ... so they say "

R.A. Charges:

The **R.A.** first in his sights this week was **Clockwork Orange** – She was presented with the Jabber Jaws Shut up in the circle woman !!!

The **R.A.** then asked all those that chose to go to Eagles last week instead of the FH3 RUN: **Troppo**, **Mega Watt**, and **Sybil** came forward (noting **Phantom** was absent). They received a down down to “They ought to be publicly pissed on”

Next the **R.A.** asked **Ding** to come forward to explain why the Farrows were in the center of the road – against occupational health and safety standards ? He had a Down – down to “Bimbo was his name-o”

The **R.A.** then called **Troppo** – for wearing shorts on the Run - wasn't it a bit cold for that?

He had a Down – down to “He's stupid ... he's stupid”

Next the **R.A.** called out **Radar**: who apparently should know the # 1 Hit on this day in 1965 ? After a bit of guess work from the Pack it was worked out “I cant get No satisfaction” from the Rolling Stones.

She had a Down – down to “she will get some satisfaction”

The **R.A.** then asked **Slugger**: but hauled out **Mountain Hawke** ? who was asked what else today was famous for? Answer was Lady Godiva's “nude ride on a horse”, which was sung about by a British group in the 1970's.

Due to the mistaken identity both the **RA.** and **Mountain Hawke** had a Down – down to “In heaven there is no beer”

Charges from the Circle:

Mountain Hawke called out **Radar**: abuse seen punching someone in the circle? She had a Down – down to “Radar is a bad girl ...”

Tight Arse called out **Bell Boy**: Who was actually a front runner tonight? ... the pack must be getting slower !

he had a Down – down to “hooray for Bell boy ... he's a horses arse”

Replicar called out **Ding**: who asked Rep to cross out the False trails for the walkers – but even though he gave him a yard of chalk – it wasn't enough, there were so many FT's – leaving Rep with fingers bleeding!

he received a down down to “take it in your hand Mr's Murphy”

The **Pack** called out **Replicar** for his charge on Ding: told him he was dummy spitting : oh no this doesn't bide well for "Dummy Shorts nominations" (was Ding seen smiling?) Down-down to "It all sounds like bullshit to me ... to me !".

Clockwork Orange called out **Mega Watt** : She was very impressed with his Santa outfit and called him the Santa CEO !

Down-down to "You better not cry ... Santa claus is coming tonight ".

Replicar called out **Clockwork Orange**: Called her the "ELF"

Down-down to "Jingle bells ... fun to ride in a one horse open sleigh!".

Lastly **Tight Arse** called out **Shadow**: He gave her an accolade for finally taking the Dummy shorts off him last week after many weeks of carry overs in his absence

Down-down to "She's alright Got little tits, but she's alright"

Special Runs

Wenchy Run 800 this week, a badge was presented !

Down-down to "Down down song ... Get a life, life, life"

Zero Heros

Sybil 730; **Mouth Organ** 340; **Ding** : 260 Runs

Down-down to "Down down song ... it won't take long"

Book Ends

Hi Beam 777.

Down-down to "She's alright"

Birthdays

Ding and **Wenchy** – 2 cakes provided much to the Packs satisfaction.



Dummy Shorts

Shadow (our current carry over pants holder) was called out..... and asked if she had any nominations

First she nominated: **Tight Arse** who she said had been away so long he asked who was GM these days ? Then she nominated **Gadget** : she heard him admitting his erratic driving had led to Wenchy's cake being damaged – writing was now on the box if you want to read it.

In a last attempt to get rid of the pants Shadow then nominated **Replicar**, the **RA.** and **Bell Boy** : all seen wearing shorts on the Run – which must show how much they love “Shorts”

The Pack wasn't sounding convinced and just as they started to respond **Carry Over !!!!** Wenchy shouted out about how the “Dummy Shorts” started out as a dummy spit award and **Replicar** had been seen having a big dummy spit about having to “chalk out” the false trails for the walkers.

The Pack was convinced ... especially when Rep – began a huge dummy spit about the nomination – **winner this week Replicar !**



Down down to: “she’s stupid, she’s stupid”.

General Business

Mel Adjusted reported there has been requests for zero Alcohol beer.

He has asked you to email him with the type you want sjkeith2@bigpond.com

PLEASE NOTE: Email received from Mel Adjusted (Splash) this week.

Hi Ding,

Please mention that drinks have to be paid on the night, or mentioned to me.

I'm currently short \$17.00 in the drinks tin.

Also are people mentioning to our visitors - about paying for drinks ?

On On - Mel Adjusted (Splash)

Special Business and Future FH3 Events

CLOSE TO YOUR HEART RUN:

18 September 2026 - Willetton Sports Centre.

Charity will be the **Smith Family**

Reminder: **call out to FH3 members to support by donating raffle prizes.**

FH3 Weekend Away - to Donny brook. -Date now looking like last weekend in October
For event to go ahead we need few more to come !

Please email the **G.M. (Horny Flasher)** katieboo40@gmail.com

(Rough figures are Donny Brook motel: \$134 - \$150 depending on room; Band Sat night, covered pool, markets in town on Sunday – possible pub lunch before heading home).

AGP:

27 November 2026 - Hazel McDougal House.

Other Hash Events:

Perth Harriets 2500th Run : **19th September, 2026**

Pert Tatts Club, 2 Plain East Perth.

Rocky City Hash 1800th Viking Run: **8th August, 3pm**

Forrest Edge Recreational Camp, 133 Weller rd, Waroona

Jokers

Gadget and Troppo told jokes this week.

They received a down down to “For he’s are Jolly hasher”

On-Secs Weekly Joke:

Did you hear about the Pervert Jogger.

He liked to masturbate nonstop while on a Run.

That way when he finished, he could just turn around and see how far he had come.

FH3 Song

Mega Watt closed out the circle with the song.



The pack joined and the song was sung joyfully by all

Receding Hairline

17-07-26 Run 1818: Mega Watt – 3 Park Ave, Crawley – his house (Some Parking under the building)

24-07-26	1819	Tropo	Ellerdale Park, Ellersdale Ave, Warwick
31-07-26	1820	Knee Hi	Dreyfus Place Dianella
07-08-26	1821	Hare Needed	Please Contact Wenchy to volunteer
14-08-26	1822	Slugger/Fumbles	Leo's Run : Venue TBA

Note to hares: If you need BBQ, stove, or lights, please notify Hash Splash in advance, the trailer is not always available on site.

***Please notify Trailmaster, Wenchy ASAP with the details of your run.**

QR code for can/glass refundable to go to FH3 - C 10446611



The FH3 On-Sec (Ding), R.A. (Sheep Shunter) and GM (Horny flasher) 2026

ON ON

FH3 - On SEC - DING

FH3 bank account: Friday Hash House Harriers - Westpac BSB 036-000 ACC 615552

Members are requested to bring their own cutlery and plates to Friday Hash.

For those who forget or are visitors and do not have plates or cutlery, a small number of suitable plate and cutlery will be held by Splash for these circumstances.

